September Calendar

**September 5 (hybrid)**
Board Meeting @ 6pm

**September 9 (hybrid)**
Daf Yomi @ 10am, Torah Study @ 10:30am, Potluck @ noon

**September 10 (in person)**
Temple Clean Up @ 10am

**September 13 (in person)**
Round Challah making @ 5:30pm

*Please see page 3 for our entire holiday schedule*

**September 21 (hybrid)**
Soup and Study @ 6pm

**September 29- October 1**
Rabbinic Apprentice David Maufousa visits (see page 3 for the Sukkot schedule)

**October 7 (hybrid)**
Atzeret/Simchat Torah services and the Bar Mitzvah of Jonathan Roscoup @ 10am

**October 8 (in person)**
Fiber Arts Group @ 1-3pm

**October 14 (hybrid)**
Bat Mitzvah of Eleanor Gagne @ 10am

From the desk of Rabbi Asch...

Every two months, my newsletter deadline looms and I wonder what to write in the space that I have. Ask any rabbi and you’ll hear that newsletter-induced writer’s block is a common problem. While each Friday night we have the weekly parsha (Torah portion) to guide us in our sermons and services, these columns are much more open-ended, which can make them more difficult.

This month several things jump out—the high holidays, for sure. But I know that you’ll hear a lot from me on themes of repentance and the importance of legacy in just a few weeks. Why drop a spoiler in the newsletter? Similarly, the start of Hebrew School provides a lot of newsletter-worthy material. But Rich Goldman has already explained some what make our Hebrew School such a special place—our students (see page 8). Maybe I should write about my recent experiences at Crane Lake Camp teaching Judaism on tennis courts, the soccer field, and in the dining halls could also fill some space. Camp is a magical place and it was uplifting for me to spend time there with campers and colleagues. But you’ll hear more about that at another time. Maybe I could take a moment to look back at the end of summer, give thanks for being in Maine, and offer a thought of what fall will bring. But I’ve written about that before. Been there, done that.

So, I’m going to do something a little bit unusual with this space. At the end of the month, we had a chance to gather with Rabbi Jeff Glickman and Mindy Glickman from the URJ. While it was meaningful to have them visit, I was most moved by hearing the stories of why we all love TBE. One person said, “My town is where I live, TBE is home.” Another shared how the TBE community was there for their family during difficult times. Some shared stories of the community before Rabbi Susan came. Others talked about what an impact Rabbi Susan had on them and how it didn’t take too long to feel like they fit at TBE. We have
had quite a few new members recently and I hope that they already feel a part of TBE. I think it can be easy to forget what is special about our community, but hearing those stories and seeing ourselves through the eyes of those who are newer is a good reminder about all that makes TBE a home.

For future newsletters, I welcome your suggestions for what you want to see in this space. What types of topics should I address? What are you interested in learning? What do you want to read when you open up your email? Please let me know! I’ll credit your idea when I write my column or you can remain anonymous if you prefer. Thank you in advance for your help.

I want to leave you with a word about the holidays. Our home is about to get crowded! We’ll have a full house for the holidays and I hope you’ll connect with old friends and take time to meet some people you don’t know. And, because this is our home, there is also an invitation to engage in deep conversations, eat some delicious food, and help with the dishes and clean up. I’m looking forward to celebrating the beginning of 5784 with all of you.

Shana Tova!

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### October Calendar

**October 15 (Zoom)**  
Rosh Hodesh Group @ 4-5:15pm

**October 16 (hybrid)**  
Board Meeting @ 6pm

**October 20 (hybrid)**  
Shabbat Services @ 6pm

**October 21 (hybrid)**  
Daf Yomi @ 10am, Torah Study @ 10:30am, Potluck @ noon

### YOUTH PROGRAMMING

**Hebrew School @ 9:30-12**  
September 10  
October 1, 8, 15, 22, 29

**Pre-K @ 9:30-11:30**  
October 29th

**Teen Learning @ 7-8pm**  
September 10  
October 1, 29

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**Round Challah Baking with Rabbi Asch**  
Wednesday, September 13th  
5:30pm.

Join with Rabbi Asch as we prepare for the new year through baking. Participants will have a chance to make a round challah to take home and make dough for our TBE challah for the holidays. We’ll also have some time to explore our new prayer books with High Holiday readings and prayers especially for this time of year.

**Please RSVP to the office by Monday, September 11th so we have enough materials (dough!) for this program. This is an all ages event.**
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Time</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday, Sept 13th</td>
<td>High Holidays 5783 (2022-2023)</td>
<td>5:30pm</td>
<td>Prepare for the High Holidays by Baking Round Challah with Rabbi Madeline Cooper.</td>
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<tr>
<td>Friday, September 15th</td>
<td>Erev Rosh Hashanah</td>
<td>7:00pm</td>
<td>Services</td>
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<tr>
<td>Saturday, September 16th</td>
<td>Rosh Hashanah Day 1</td>
<td>9:30am</td>
<td>Morning Services</td>
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<td>~12:30pm</td>
<td>Lipman Kiddush</td>
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<td></td>
<td>4-5:00pm</td>
<td>Children’s Services</td>
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<tr>
<td>Sunday, September 17th</td>
<td>Rosh Hashanah Day 2 (at Fran Rudoff’s house)</td>
<td>10:00am</td>
<td>Morning Service</td>
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<td></td>
<td>11:30am</td>
<td>Study</td>
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<td>12:15pm</td>
<td>Brunch</td>
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<td>1:30pm</td>
<td>Tashlich</td>
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<td>Sunday, September 24th</td>
<td>Kol Nidre</td>
<td>7:00pm</td>
<td>Evening Service</td>
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<tr>
<td>Monday, September 25th</td>
<td>Yom Kippur</td>
<td>9:30am</td>
<td>Morning Service with Yizkor</td>
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<td>1:30pm</td>
<td>Lay Led Study</td>
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<td>2:45pm</td>
<td>Meditation Service</td>
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<td>3:45pm</td>
<td>Fasting in Judaism, Christianity, Islam, and Buddhism</td>
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<td>~5:00pm</td>
<td>Afternoon Service</td>
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<td>~6:15pm</td>
<td>Neilah</td>
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<td>~7:15pm</td>
<td>Havdalah and Break Fast</td>
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<tr>
<td>Friday, September 29th</td>
<td>Erev Sukkot</td>
<td>4:30-5:30pm</td>
<td>Sukkah Building &amp; Decorating Dinner provided by TBE</td>
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<td>6:15pm</td>
<td>Sukkot Service</td>
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<td>Saturday, September 30th</td>
<td>Sukkot</td>
<td>10:00am</td>
<td>Torah Study</td>
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<td>11:00am</td>
<td>Festival Services</td>
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<td>12:30pm</td>
<td>Potluck Lunch</td>
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<tr>
<td>Friday, October 6th</td>
<td>Erev Shemini Atzeret / Simchat Torah</td>
<td>5:15pm</td>
<td>Dinner provided by TBE</td>
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<td>6:00pm</td>
<td>Simchat Torah Services</td>
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<tr>
<td>Saturday, October 7th</td>
<td>Shemini Atzeret / Simchat Torah</td>
<td>10:00am</td>
<td>Morning services with Yizkor</td>
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Your One-Stop Shop for High Holidays Logistics

**In-Person Services**
For those of you joining us in person, please look for the greeter outside of TBE. They will hand you your nametag and remind you to take a prayer book (*machzor*) and additional handouts. Please note that the doors will be locked 10 minutes after the start of services. If you arrive later, a greeter will open the door for you. Please be patient as you wait for them to arrive. You will be asked to enter through the back of the sanctuary. Guests are welcome and we appreciate guests letting us know they are coming.

**Security**
In keeping with High Holiday services in recent years, we’ve arranged for a uniformed, off-duty Augusta Police Department officer to be present outside the Temple during services and events. If you have any questions or concerns, please contact David Offer: davidboffer@hotmail.com

**Food for High Holidays**
As in previous years, we welcome contributions of desserts, kugels, and coffee cakes for the Lipman kiddush. For the break fast we welcome contributions of desserts, kugels, and fruit. Please bring your dish with you to services. We look forward to noshing with you!

**Where Should I Park?**
Please look at the diagram for parking instructions for large events at TBE. Drive into the lot closest to TBE. Parking in that lot is reserved for those who need accessible parking. You may also drop off in front of the building. Parking in the second lot is for anyone. If you are ushering, you may park in front of the Shuman Center or behind TBE. After the second lot is full we ask that you park on the river side of Sewall Street (the east side). When parking on Woodlawn, please take care not to block our neighbors’ cars or driveways.
Prayer Books for the High Holiday Services
If you’re unable to attend services in person and need a prayer book, please note the days/times below when you can pick up your prayer book. On Friday and Tuesday, please find Dawn in the office. On Sunday and Wednesday, please find Rabbi Asch in the sanctuary.
You may also pick up handouts.
- Friday, September 8th              9:30am – 1:30am
- Sunday, September 10th            9:30am – 12:00pm
- Tuesday, September 12th           9:30am – 2:00pm
- Wednesday, September 13th        5:30pm-7:30pm

If you cannot pick up your book on these days, please email the office to make arrangements for pick up on a different date.

Second Day of Rosh Hashanah Services – Outside and in person only
Join us for outdoor services to mark the second day of Rosh Hashanah. We'll begin at 10am, at the home of Fran Rudoff, with a service, a Torah reading, and prayers and songs to welcome the new year. At 11:30am we’ll join together for Torah study and we will conclude with the shofar service. Prayer books and texts will be provided. Please bring your own chair. All are welcome to stay for brunch beginning around 12:15pm. Tashlich will take place after lunch, around 1:30pm near Fran’s house. We welcome additional contributions of food or drinks. RSVPs to the office are encouraged but not required. Directions and the address will be provided in the weekly email.

Yom Kippur Food Drive
Every year on Yom Kippur, TBE does a food drive. While many of us fast by choice on Yom Kippur, some of our neighbors don’t know where their next meal is coming from. We all know how prevalent hunger is in our community. This Yom Kippur, please consider donating something to the food drive. Please put your non-perishable food donations in the large bin located inside the temple lobby. If instead you would prefer to give a cash donation, please make your check out to “Augusta Food Bank” and place it inside the white donation box at TBE or mail it to TBE.

We are collecting the following items for the food drive:
✦ Juice Boxes for KidsPaks.
✦ Canned Corn, Canned Soups, and Baked Beans
✦ Cereal Bars
✦ Canned Pasta - Spaghetio’s, Beefaroni, Ravioli
✦ Mayo - 18 oz. jars, Vegetable Oil - 16 or 18 oz.
✦ 12 Pack Egg Cartons

Reminder: Yizkor forms are due September 6th. All TBE members were mailed a Yizkor form. Contact the office if you need more information.
Join Us for Jonathan Rousculp’s Bar Mitzvah on Oct. 7

Jonathan Robert Rousculp will become a Bar Mitzvah at Temple Beth El on October 7, exactly one month after his 13th birthday. This is his 8th grade year as an Acadian at Maranacook Middle School, one of his favorite places to be. At school, he enjoys both his math classes and Math Team, studying German, and jumping for the track team, but would be happier if they assigned fewer writing assignments. Jonathan is incredibly competitive and loves to challenge his friends to board games at all-night gaming parties and/or at their weekly Magic The Gathering tournaments at the local game store. When not trying to play as many video games as he can, he can often be found reading, especially science books, both fiction and non. He is a keen traveler and always jumps at the chance to visit a new country and explore the museums and castle ruins. Don’t tell anyone, but Jonathan has a soft spot for turtles, the cuter the better. For his Bar Mitzvah project, he has created tzedakah boxes out of pottery that he sculpted and glazed by hand. He enjoys working with clay and has chosen to use his skills to create the Judaica for the synagogue.

Eleanor Gagné Becomes a Bat Mitzvah on Oct. 14

Eleanor Hannah Gagné will have her Bat Mitzvah on October 14th. She has been working hard with help from Rabbi Asch, Miriam Asch (her Hebrew tutor), and Rich Goldman (her D’var Torah tutor) for the past 6 months. She has also been spending a lot of time on her Mitzvah Project, which involves writing reviews of books about Jewish people in history to be displayed at local libraries. She chose this project because she noticed that many of her classmates were unfamiliar with Judaism and important historical events. Eleanor is a wonderful, kind, and empathetic friend. She loves reading and is involved in dancing and dramatic arts. She loves cats and her dog Magpie. She is a wonderful sister to Ori, her younger brother, and a helpful and kind member of her family. Eleanor enjoys her evolving role as a community member in Temple Beth El and cherishes the friendships she has developed here. She looks forward to continued involvement in the Temple community.
B’Mitzvah Students Have Much to Teach Us All

By Rich Goldman

A B’Mitzvah is a joyous occasion in the life of a synagogue. For a young person, it brings together family, friends, congregants, and fellow students to celebrate accomplishment and entry into Jewish adulthood, including public worship.

This year at Temple Beth El we have truly enjoyed the season of the B’nai Mitzvah. We are celebrating a group of extraordinary young people who have traveled their own paths to reach this point in their religious lives. We are so fortunate to have each as a part of our synagogue’s vitality.

Alden Gilg was our first Bar Mitzvah in this group. Alden is a terrific violinist. His Parashat, Shelah-lekha, concerns the scouts going into the land. In addition to writing about the portion, Alden composed and then played at his Bar Mitzvah a piece for violin and viola. An interesting book that reflects on his portion is Aaron Wildavsky’s Moses as Political Leader.

Our next Bat Mitzvah was that of Daisy Bessey, whose Parashat, Va-yera, concerns Abraham’s discussion with God at Sodom and Gomorrah. Daisy discussed the nature of evil, as well as how one argues with power while still standing up for what you believe. A worthy read is Anson Laytner’s Arguing with God, A Jewish Tradition.

Third up in our B’nai Mitzvah season was the Bat Mitzvah of Robin Asch, whose Parashat, Va-yiggash concerns Joseph’s reunion with his brothers and father. Robin focused on the nature of deceit and forgiveness and during her D’var Torah she also engaged the congregation in a discussion of whether it is alright to lie. Relevant to her portion is Danya Ruttenberg’s On Repentance and Repair, Making Amends in an Unapologetic World.

Bar Mitzvah number four was that of Max Orenstein. His Parashat was Ba-Midbar and he spoke about the ramifications of inclusion and exclusion individually and throughout society. Max is also a fine artist and we are hoping he comes back to the Hebrew School to teach art as well as to share his contagious energy. An interesting book relevant to Max’s Parashat is Deborah Stone’s Counting, How We Use Numbers to Decide What Matters.

This summer we celebrated the Bar Mitzvah of Gunner Reuben Suchar. To me, it was wonderful to see Gunner at our temple again, to read from the Torah, and to teach us during his D’var Torah. Gunner came to Hebrew School for several years when he was younger and lived in Maine. He came back this summer and studied extensively with Rabbi Asch to prepare for his Bar Mitzvah. It was such a joy to see and talk to Gunner again and to share this special time with his family.

Continued on page 6
B'Mitzvah, continued from page 5

And now we can look forward to our two autumn B’nai Mitzvah, Jonathan Rousculp and Eleanor Gagne, both of whom will be examining different portions of Parashat Bereshit. Jonathan will be delving into the sixth day of creation and Eleanor will be exploring the turn toward the flood. In preparation, you may want to review The Sacred Earth, Jewish Perspectives on Our Planet.

What I am really trying to say here is that as a congregation, we have a lot to learn from our young people. Each has studied hard, completed a project, and designated a charitable institution of particular interest. Each has told us something important about Judaism, the world, and themselves. We are missing out if we do not share in their joy and their achievement. Let us continue to get to know our young people and thereby enrich ourselves and our congregation.

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Register now for the Fall Shabbaton

The Center for Small Town Jewish life is back with a musical Fall Shabbaton at Colby College. We’ll share a weekend of inspiring music, Torah learning, and delicious meals with you. Our guest artists, Lapidus & Myles will lead us in Kabbalat Shabbat services and singing over the course of the weekend. Lapidus & Myles is a collaboration between two faith-based musicians in Atlanta, Georgia. Micah Lapidus is a Reform rabbi and composer-in-residence at The Temple. Melvin Myles is a highly regarded soloist with the choir of the historic Ebenezer Baptist Church, the former pulpit of the Rev. Martin Luther King, Jr. Evocative of the longstanding ties between the Black and Jewish communities, their music and message is all about bring people together in the spirit of love, respect, peace, and justice. For those who cannot make it in person, the Friday-night service will be live streamed. Registration is required to get the link. For a full schedule and to register CLICK HERE. Questions? Contact at jewishlife@colby.edu
TBE WELCOMES RABBINIC APPRENTICE DAVID MAHFOUDA

FUN FACTS ABOUT DAVID

• David was a student and head chef at Deep Springs College, a two year college and cattle ranch in the high desert in CA.
• He’s starting (with his classmates) a cooperative lunch cafeteria at Hebrew College this year, and is really hopeful about how intentional and celebratory food practice can be a way to build and enrich community.
• He’s spent the past two summers as Student Rabbi in Fairbanks Alaska, though he still doesn’t have a good handle on the rules about Shabbat starting when the sun doesn’t set.
• Before rabbinical school, he lived in Brooklyn and worked on a bunch of art and entrepreneurship projects.
• David likes to spend his spare time doing boring things like yoga, running, hiking, reading (all kinds of stuff), writing (mostly poetry) and cooking & hosting & dancing!

The Center for Small Town Jewish Life sponsors David’s visits!
For the Multi-Media Lovers of TBE

The next book discussion will be Jonathan Kaufman’s *The Last Kings of Shanghai* to be presented at the temple live and on ZOOM on Tuesday, October 17th at 6:00 pm. For those of you that are history buffs, this book presents several generations of two rival Jewish families that came to China in the 19th century and became very rich dynasties that opened Shanghai and China to the world prior to the fall of Chang Kai-Shek to the Communists in 1949.

For those of you that are questioning reading this important history, the Jewish Book Council has an introduction that may be of benefit to your decision. Click here to read the Council’s introduction.

Peter Rosenberg
rosiemagish2@gmail.com
207-441-9682

Outdoor Spiritual Space at TBE: Fundraising Update

We are thrilled to report that as of mid-August, we have raised close to 50% of the funds needed to complete the outdoor project in 2024! Thank you to those who have sent in gifts and/or pledge forms! The total project cost is $140,000, so we only have another $70,000 to raise.

We’d love to complete our fundraising this fall. Packets of information about the project, along with pledge forms and a list of naming opportunities can be picked up at the Temple. Click here to view all of the exciting details that were presented at the Annual Meeting in June.

Fran Rudoff also encourages any interested donors to contact her at frudoff@gmail.com or 207-212-9544. She would LOVE to hear from you and talk about ways to honor important people in your lives through a naming opportunity in the beautiful garden space.

Todah Rabah!
A Commemorative Bike Ride for All Ages
Honoring the Memory of Carol Eckert, MD

Sunday, October 1 at 9:00 a.m.
12-mile and 27-mile ride options
beginning and ending at Windsor Town Office

Preregister Online:
BikeReg.com/share-the-road-with-carol
Day-of Registration 7:30 - 8:30 a.m.

Join us in remembrance of a life well-pedaled and
to further the cause of bicycle safety in Maine.

After the ride, we invite you to Windsor Town Hall
for fellowship, remembrances and light snacks.

Please spread the word and like us on Facebook!
Facebook.com/groups/CarolsRide
SOUP & STUDY

HALF WAY THOUGH DAF YOMI!

Thursday, Sept. 21st
6pm

Learn about how Daf Yomi started, who is studying now and some favorite Talmud facts.
Hebrew School Offers Learning for All Ages!

We are so excited to kick off a great Hebrew School year with all ages. This year we are introducing a program for our youngest kids happening one Sunday a week. They will join with us for stories, arts and crafts, games, and learning run by our madrichim (teenagers). If you know of any kids who might want to join our program, please contact Rabbi Asch.

In addition, we are thrilled to start a new learning program for our post-b’mitzvah teens. They will meet every other Sunday night from 7-8pm with Rabbi Asch on Zoom. We’ll discuss whatever they want, from interesting biblical stories to ethical dilemmas, to little know Jewish facts. All families should have gotten a mailing about our learning programs. If not, please contact Rabbi Asch.

We have some great teachers joining us this year! Bria Watson will be teaching our youngest class. Rabbi Asch will be teaching our middle class. Rich Goldman will be teaching our oldest class. Rabbi Lily Solochek will be on our staff filling in when teachers are gone and running our all school activities. We are thrilled the Karin Orenstein has agreed to take the lead with our madrichim as they plan and run classes for our youngest class.

We have an amazing Hebrew School and we need your help. If you know of Jewish families looking for a synagogue community and Jewish education for their kids, please let them know about TBE. We’d love to have some more kids join us on Sundays!
Supporting TBE

General / Other
• Linda Kallin, in honor of Gunner Suchar’s bar mitzvah
• Karin and James Orenstein, in honor of Max Orenstein’s bar mitzvah

Rabbi Discretionary Fund
• Rich Dana
• Richard Forcier
• Brian Harding

Terumah Pledges
• Anya & Allen Goldey
• Arwen & John Agee
• Barbara and Enigmah Archer Hirsch
• Beth Koopman
• Betty Jespersen
• Carl Suchar & Phyllis Santer
• Carol Linker
• Carrie McCarter
• Charles & Nancy Shuman
• Chris & Thea Zinck
• Chuck Cohen & Marybeth Paquette
• Cynthia & Gregg Bernstein
• David & Susan Offer
• Deb & Syd Sewall
• Deborah & Jeffrey Gussoff
• Deborah Sandler
• Debra Benveniste
• Dorothy Wilson
• Eileen & Edward Ringel
• Elaine Katz & Marting Hanish
• Ellen Freed & Carol Barlow
• Ellen Grunblatt & Stephen Bien
• Emily & Ethan Bessey
• Fran Rudoff
• Gail Fels
• Hildie Lipson
• Jay Collins
• Jay Franzel
• Jean & Bill Seager
• Jeff Frankel

Yahrzeits/Memorials
• Beth Koopman, in memory of Bernard Osgood Koopman
• Carl Suchar & Phyllis Santer, in memory of Norman Suchar
• Carol Barlow, in memory of Rose Barlow
• Deb & Syd Sewall in memory of Bernigolde Macy
• Deb & Syd Sewall in memory of David James Macy
• Deb & Syd Sewall in memory of Sylvia K. Fin
• Deborah Gussoff in memory of Pauline Kosak
• Gail Fels in memory of David Pollack
• Jay Collins in memory of Anthony A. Imondi
• Jay Collins in memory of Ed Jones
• Jay Collins in memory of Nonie Barber
• Jay Collins in memory of Stephen Fusco
• Joe O’Donnell in memory of Thelma Alpert Price
• Liz Marcus in memory of Sherwin David Goldberg
• Nancy Shuman in memory of Gertrude Lerman
• Pauline Hannaford in memory of Lydia Liechty Thielman
• Sam Young in memory of David Young
• Sarah & Mike Drickey in memory of Dorothy Spalding
• Susan & David Offer in memory of Edith Gershon
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betheelaugusta@gmail.com

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207-242-9792
rabbiasch@gmail.com

Rabbi Emerita: Rabbi Susan Bubba Carvutto

The office is open Tuesday, Wednesday and Friday.

Portland Chevra Kadisha
Jewish Funeral Home
471 Deering Ave.
Portland, ME 04103
207-774-3733