Hello. I'm Liz Sizeler, and I've been on the temple board for about a year and a half now.

I had actually been asked to be on the board once before, about eight or nine years ago, when David Offer was president for the first time.

When David called and asked me, I said no.

It wasn't because I didn't want to serve on the board. It just wasn't a good time for me.

So, when Chuck called me a year and a half ago and asked me to join the board, my first thought was, I can't say no again. So, I said yes.

But, that wasn't the only reason I said yes. I really did want to serve on the board, and I now felt ready to do so.

My kids both went to Hebrew School and had their B'nai Mitzvahs at Temple Beth El, and that had been a great experience for both of them. I now wanted the chance to give something back to the temple.

Of course, I knew that serving on the temple board would benefit the temple in many ways.

What I didn't know was how much it would enrich my life.

I had not been very involved with the temple for several years prior to joining the board. That was mainly because I live quite a distance from the temple.

Joining the board has enriched my life in many ways.

I have reconnected with old friends and also met many new people. Through serving on the board and committees and being a greeter, I have become much more involved in the temple than ever before. I am attending many more services and events than I had in the past, and thoroughly enjoying it.

I have especially enjoyed being part of the Bikkur Cholim committee, where I have been able to connect with people and help people in meaningful ways, such as organizing meal delivery and rides to the temple, and sending cards to people.

So, I'm here to say to you tonight, when you get asked to be on the board, you should say yes. And I assure you, you will be glad you did.