

TBE Congregational Confessions 2021

Our God and God of our ancestors, we have missed the mark in many ways.

For the ways we have separated ourselves from God, we ask forgiveness.

For not making observance a priority—not celebrating and honoring Shabbat or the holidays and not attending services.

For not coming together to join in communal prayer.

For not pushing harder to find more meaning in performing *mitzvot*.

For ignoring the temple and community.

For the times we lacked faith that all would happen as it should.

For allowing ourselves to become cynical.

For not giving others the benefit of the doubt or being aware of their feelings.

For being arrogant when we need to ask for help and don't ask.

For rushing through our day and forgetting to appreciate the miracle and beauty of creation.

For not living in joy.

For allowing the many distractions of modern life to distance us from the grief and suffering of so many in this world.

For not appreciating the land and for consuming too much.

For not always being conscious of our Jewish identity.

For failing to stick with promises we made to ourselves the last High Holidays.

Our God and God of our ancestors, we have missed the mark in many ways.

For the ways we have harmed ourselves, we ask forgiveness.

For not taking care of our one and precious body – not enough sleep, exercise or relaxation.

For not challenging ourselves physically or intellectually.

For failing to listen to ourselves, and for lacking the discipline to take care of ourselves.

For torturing ourselves reading all the comments on the news stories.

For not spending time on things that are good for our souls and not remembering our own needs.

For giving in to despair.

For always being angry--Angry at ourselves. Angry at the world. Angry at other people.

For not dwelling on the things we cannot change.

For forgetting the importance of self-care while trying to support others.

For not sharing our feelings.

For doubting ourselves.

For overworking on things we know not to be the most important things in our life.

For letting ourselves stress about the small things.

For being hardest on ourselves and engaging in negative self-talk.

Our God and God of our ancestors, we have missed the mark in many ways.

For the ways we have separated ourselves from others, we ask forgiveness.

For not making enough time to visit or reach out to friends that we know would benefit from it.

For bringing unhappiness to others to further our own goals.

For judging others.

For speaking ill of the dead.

For not always doing the good deeds we think about doing.

For not reaching out and asking for help when needed.

For being judgmental and quick to speak without stopping to think about how hurtful our words might be.

For arrogantly thinking we have all the answers.

For having arguments and not being more patient and forgiving of others.

For not being more present to ourselves and others.

For sinking into anger and isolation instead of stating our needs and frustrations and then moving on.

For using the pandemic as an excuse.

For not going out and finding people in need and sharing with them.

For not doing enough to fight for justice and build a better world.