

# Sukkot at TBE

Sukkot is called Zman simchateinu, the season of our rejoicing. The impermanent nature of the sukkah reminds us of the fragility of life and encourages us to be thankful for our blessings. We are commanded to

- (a) live in the sukkah
- (b) gather the four species and
- (c) rejoice

This year, we invite you to take the Sukkot challenge. See if you can complete at least one activity from each category. There are seven days to Sukkot. Try to do one activity each day!

Live in the sukkah	Four species/harvest	Rejoice
Go for a hike, walk or bike ride and enjoy nature	Collect your own four species in nature. Take a picture and share it with us.	Have a “Hallel moment.” Appreciate something that brings you joy.
Eat a meal in the TBE sukkah	Buy food from a local farmer or the farmer’s market	Spend time with guests (either socially distanced or on Zoom)
Build your own sukkah	Pick your own food	Read a sukkot book
Decorate the Temple Sukkah	Find a beautiful place in nature. Look in all directions—left, right, front, back, up down. What do you see? What do you feel?	Sing or listen to some sukkot songs
Go geocaching	Smell the Etrog (or another citron)	Tell some jokes
Eat a meal outside	Make a recipe with seasonal ingredients	Do something that makes you happy